WORDS OF WISDOM FROM

לרפואה שלימה ליוסף יצחק בן ברכה

PARSHAT LECH LECHA

A Call To Every Jew

In the first verse of this week's parsha, Lecha, Lech Hashem commanded Avraham, "Lech Lecha, go for yourself, from your land, from your birthplace, and from your father's house, to the land that I will show you." Hashem continues to tell Avraham that, "I will make you into a great nation, and I will bless you, and I will make your name great." This is the first command to the first Jew. therefore. there must be a message here for every Jewish person, for all time. What is the message?

There two approaches are to understanding this verse. The first is that it is referring to the journey of the soul, a descent from above to below. The

SOMETIMES. G-D SENDS YOU TO THE LOWEST OF LOWS. **BECAUSE ONLY** FROM THERE CAN **EVERYTHING BE** UPLIFTED.

soul is asked to leave its home in the highest spiritual realms, and make the descent into the lowest possible realm. the physical world. But it is here that it affects

the most change and accomplishes its purpose, and the effect is so powerful, that it brings Hashem's blessing and becomes great. Meaning, that the soul is uplifted to higher spiritual realms, beyond where it was before its descent.

In this way of understanding the verse, we are given a glimpse of our purpose, the goal of every Jew, to make this world into a better place, the way Hashem wants it. A place where Hashem could call home.

The second approach is more in line with the simple meaning of the verse. It refers to the ascent from below to above we must make every day from the lowly and mundane, from "your land, your birthplace, and your father's house," which in the context of the verse, refers to a place and an atmosphere of idol worship, "to the land that I will show you," the land of Israel, a place of holiness.

This is especially poignant now after the holidays, when we are thrusted into the mundane, which in chasidic teaching is called, "V"Yaakov halach I'darko, and Yaakov went on his way," meaning that every "Yaakov," every Jew, goes on his way after the holidays, doing his mission to transform his part of the world into a dwelling place for Hashem.

The name Yaakov is used here, which comes from the word eikev, a heel, which is the lowest part of a person's body, because we can even transform the lowest part of ourselves to do Hashem's will. When the heel is transformed and moves in the ways of Hashem, it takes the rest of the body with it.

We see this on Simchas Torah, the end of the holidays, when we celebrate through dancing with the soles of our feet, and they make the body and head dance as well. This is the same message, and a preparation for the rest of the year, that if you can get the lowest part of you to serve Hashem, then all of yourself will serve Hashem. And if you can transform the lowest part of the world into a dwelling place for Hashem, then you transform the whole world. Because when you lift something from the bottom, you lift the whole thing.

It is through Torah, mitzvahs and living the life of a Jew that transforms this world, and we have the power to do it, we inherited it from our forefather Avraham. It is through this work that we complete Hashem's command to Avraham. "Lech Lecha."

Although these two explanations are opposites, the first a descent, and the second an ascent, they are both explanations of the same verse, and therefore simultaneously true. And we have to take both messages at the same time. That we have descended to effect this world, and we should try to change it from the bottom up.

So "Lech Lecha," is a call to every Jewish person, to do all you can to complete the mission and make this world into a home for Hashem. It is through both of these approaches working simultaneously that we create an environment that the highest levels of G-dliness, even the levels that are beyond the world, to enter the world and become part of our lives.

This is the key to the blessings found in

our parsha, and the path to the ultimate blessing, the coming of Moshiach. May he come soon.

"Dear Rabbi Yitzi

If I could make your life a movie, I would. It would record what your eyes have witnessed, your ears have heard, and what your soul has been revealed in the past decade of your life.

Your story is an important one, and reminds me to reflect: Am I fulfilling my mission on this Earth to the best of my ability, am I achieving despite my setbacks, and am I G-d motivated or me-motivated?

Thank you for your vulnerability and openness to the world."

- Tova, Arizona

RABBI YITZI WOULD LOVE TO HEAR FROM YOU! SEND YOUR MESSAGE TO: (937) 770-4802 | TORAHFROMMYEYES@GMAIL.COM

Despite facing one of life's most difficult challenges, Rabbi Yitzi Hurwitz continues to spread joy and faith to thousands around the globe. Diagnosed in 2012 with ALS, Rabbi Yitzi is now 95% paralyzed and no longer able to speak or breath on his own. Thanks to the miracle of technology, Rabbi Yitzi continues to spread his wisdom through his eyes, focusing on each and every letter of these Torah articles. Rabbi Yitzi, his wife Dina and their seven children are the Rebbe's Shluchim to Temecula, California.



IN HONOR OF THE RECENT PASSING OF OUR DEAR AUNT

CAROL SCHOCHET

5 CHESHVAN

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