## WORDS OF WISDOM FROM

לרפואה שלימה ליוסף יצחק בן ברכה

## PARSHAT SHOFTIM

## Closer To Hashem Closer To Your Spouse

The month of Elul always begins around Parshas Shoftim which speaks of appointing judges, appointing a king, and cities of refuge.

As there are no coincidences, we must ask: What lesson can we learn here?

Now is the time to get closer to Hashem. Not physically, but mentally and spiritually.

Shoftim means judges. Now is the time to take an account of the past year. To judge yourself and see if you have used your abilities to the fullest to fulfill Hashem's will. Knowing where you stand is a great motivator. This is dealing with the past.

"Appoint a king over yourself." Excepting Hashem as your King will move you to want to do His will, strengthening

> your commitment to Him. This is dealing with the

**NOW IS THE** TIME TO WORK ON YOUR RELATIONSHIP WITH YOUR **SPOUSE AND YOUR** RELATIONSHIP WITH G-D. START THE NEW YEAR ON A NEW SLATE.

The month of Elul is a "sanctuary city" in time. The idea of a sanctuary city is a place to go for atonement. It's an open opportunity to get closer to Hashem as His arms are open to forgive us.

Hashem, our King, is in the field. He is smiling and he grants good to us all. All we need to do is go out and meet him. This is a great opportunity, don't waste it.

On a personal level. Many of

us are in relationships that just seem to be on auto-pilot. We don't even realize that our significant other is hurt by this. We think all is fine.

If you think everything is fine then you need to follow the next steps.

Ask yourself. When was the last time you sat together and talked about what is important? Take an account of your relationship. This is dealing with the past.

Recognize the other in the relationship. Ask. What is his/her needs? If you can't figure out on your own, ask him/her to tell you or to write it down. Strengthen your commitment to each other. This is dealing with the future.

Finally, don't be afraid to go down this road, because bettering your relationship is something you both want. Your significant other will be more than glad to work with you to better your relationship.

Just imagine coming to shul this Rosh Hashana, knowing that you are one with Hashem and one with your spouse. What a way to start the year.

"Dear Rabbi Yitzi

I am so happy i found you on Instagram!

I used to read your posts about the parsha, and I just discovered you here!

We also love your song! We used to watch it all the time.

I watched Dina give inspirational talks and have been blown away by her strength!

In short, I'm so inspired and amazed by your entire family. HaShem should bless you with REVEALED MIRACLES!!"

- Chaya A, New Haven

RABBI YITZI WOULD LOVE TO HEAR FROM YOU! SEND YOUR MESSAGE TO: (937) 770-4802 | TORAHFROMMYEYES@CMAIL.COM

Despite facing one of life's most difficult challenges, Rabbi Yitzi Hurwitz continues to spread joy and faith to thousands around the globe. Diagnosed in 2012 with ALS. Rabbi Yitzi is now 95% paralyzed and no longer able to speak or breath on his own. Thanks to the miracle of technology. Rabbi Yitzi continues to spread his wisdom through his eyes, focusing on each and eyery letter of these Torah articles. Rabbi Yitzi, his wife Dina and their seven children are the Rebbe's Shluchim to Temecula, California.



## RABBI YEHOSHUA TANCHUM **KASTEL**

WHO DEDICATED HIS LIFE TO JEWISH EDUCATION ח' אלול

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