

WORDS OF WISDOM FROM RABBI YITZI

לרפואה שלימה ליוסף יצחק בן ברכה

PARSHAT BO

Light In The Darkness

In this week's parsha, Bo, we read about the plague of darkness. There were three days of opaque darkness and three days where the darkness was tangible and rendered the Egyptians immobile. At the same time, for the Jewish people, there was light.

Everything that the Torah tells us is a lesson that every Jew can learn from. Even the plagues. What the Torah tells us about the exile and exodus is particularly a lesson on how to deal with our present exile and future exodus.

What lesson can we draw from the plague of darkness, especially from the fact that there was darkness and light at the same time?

Egypt, in Hebrew, is Mitzrayim, which is related to the word maytzarim, which means boundaries, constraints, or limitations. This is because it is symbolic of the limitations we experience in this physical world.

There are times in this exile when you experience darkness in the form of heartbreak, health problems, oppression, etc. Sometimes, it seems there is no hope and that no amount of light can overcome this

darkness. Other times, it is worse; it can seem completely paralyzing. The struggle and pain we experience is very real and hard to get through.

**IN TIMES OF
DARKNESS AND
HARDSHIP,
LOOK FOR THE
POSITIVE AND
SEARCH FOR THE
LIGHT.**

Hashem is telling you here that in this place of darkness can be found a great light, greater than anything you ever experienced before. This

light is transformative; it gives new perspective and brings out new abilities. The greater the darkness, the greater the light that is to be found.

This doesn't mean that darkness is good, but if you experience darkness, search for the positive in it. Use the new light to brighten your surroundings and make a difference.

It is already several years since Hashem chose to give me and my family tremendous hardships. For me, it is physically paralyzing. For my wonderful wife, Dina, it can at times be emotionally and mentally paralyzing. My children are also subjected to an unwanted roller-coaster ride. I wish and pray all the time that I will be cured. But I am grateful to Hashem for the positive that came from our experience. Dina and I have been blessed with an outpouring of love from so many, and our writings and Dina's talks have been uplifting people all over. All this would not have been possible without the darkness we experienced, as it brought to the fore love and abilities we never knew we had. How can we not be grateful?

With all this said, we all have had enough darkness in our lives. Now it is time for Moshiach to come and for the darkness to end. Let the light shine uninterrupted in our lives.

"Dear Torah From My Eyes

Thank you for the opportunity to visit Rabbi Yitzi. It was a very sad emotional experience ; yet at the same time inspiring.

The big lesson is that one has to be grateful for one's blessings and to find blessings even when there is darkness."

- Anonymous

RABBI YITZI WOULD LOVE TO HEAR FROM YOU! SEND YOUR MESSAGE TO:
(937) 770-4802 | TORAHFROMMYEYES@GMAIL.COM

Despite facing one of life's most difficult challenges, Rabbi Yitzi Hurwitz continues to spread joy and faith to thousands around the globe. Diagnosed in 2012 with ALS, Rabbi Yitzi is now 95% paralyzed and no longer able to speak or breath on his own. Thanks to the miracle of technology, Rabbi Yitzi continues to spread his wisdom through his eyes, focusing on each and every letter of these Torah articles. Rabbi Yitzi, his wife Dina and their seven children are the Rebbe's Shluchim to Temecula, California.



DEDICATED IN HONOR OF THE BIRTHDAY OF

RABBI YOSSI BISTON

ט' שבט

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