## WORDS OF WISDOM FROM

לרפואה שלימה ליוסף יצחק בן ברכה

## PARSHAT RE'EH

## **Hidden Good**

This weeks Parsha, Re'eh, starts off: "See, I put So the verse could be understood like this: before you a blessing and a curse..."

This is Hashem speaking to the Jewish people (through Moshe). We must ask: If Hashem is all good, what does it mean that He gives a curse?

Especially here, Hashem refers to himself as Anochi, which is not one of Hashem's names. Anochi means "I." When Hashem refers to himself as Anochi, it is referring to His essence which is greater than any of His names; the quintessential "I," Hashem's essence. How is it possible that the essence of Hashem can be connected to a curse?

Targum Yonason translates the word u'klala (curse), u'chilufa (and it's exchange). In other words, there is a blessing, and then there is something other, similar but different.

There are different kinds of blessings. There are superficial blessings, the ones we all see. The basic pleasures we recognize as good. Then there is a

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deeper good which comes into the world through difficulty and suffering. We don't see them as blessings at the onset, however, with time. recognize how they are truly blessings.

Many times, it's the suffering, that brings

the greatest amount of change in the world.

As many witnessed this week\*, how a disease like ALS, brought so much joy, positivity and togetherness. Throwing a bucket of ice and water on the head. How many good deeds, kindnesses, prayers & friendship were generated?

Behold, I give before you a revealed blessing and a concealed blessing. Anochi, Hashem's essence then is only connected to blessing. Different kinds of blessing.

Unfortunately, no one is free from suffering. Recognizing that it's from Hashem will keep you positive. As you will be filled with a deep sense of purpose, knowing that your suffering is making a difference. It is accomplishing a great good for Hashem.

May Hashem send clear, open and revealed blessing. There is no need for suffering anymore. We are all ready for moshiach to come.

\*Written in 2014

"Dear Rabbi Yitzi,

I stumbled across one of your articles in the synagogue I pray in and it was exactly the message I needed to hear! As soon as Shabbat was over, I immediately signed up to receive the articles weekly! Thank you"

- Anonymous, Brooklyn

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Despite facing one of life's most difficult challenges, Rabbi Yitzi Hurwitz continues to spread joy and faith to thousands around the alohe Diagnosed in 2012 with ALS Rabbi Vitzi is now 95% paralyzed and no longer able to speak or breath on his own. Thanks to the miracle of technology. Rabbi Yitzi continues to spread his wisdom through his eyes, focusing on each and every letter of these Torah articles. Rabbi Yitzi, his wife Dina and their seven children are the Rebbe's Shluchim to Temecula, California.



DEDICATED IN HONOR OF THE BIRTHDAY OF YEHOSHUA TANCHUM GEISINSKY "" MAY HE CONTINUE TO GROW AS A חסיד, יראת שמים ולמדן · BY HIS PARENTS ·

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