

WORDS OF WISDOM FROM RABBI YITZI

לרפואה שלימה ליוסף יצחק בן ברכה

PARSHAS BESHALACH

When All Hope Is Gone

In this week's Parsha, Beshalach, we read about the manna that came down from heaven. On Friday, when they went out to collect the manna, they collected the same amount as they usually did but found that they had a double portion. Moshe explained that tomorrow is Shabbos, and there will be no manna to collect. This double portion is for today and Shabbos.

This is the first time Shabbos is mentioned in the Torah, by the manna. What is the connection between Shabbos and manna? What lesson can we take from this for life?

Logic dictates that if you don't work, you won't have. Keeping Shabbos is putting trust in Hashem that he will take care of you, despite logic.

The same was true about the manna. Except for Shabbos, the manna lasted for one day. Every morning they put their trust in Hashem that he would send

manna to sustain them.

WHEN THERE SEEMS TO BE NOBODY, G-D IS THERE FOR YOU.

Shabbos and manna are all about trust in Hashem. It is this

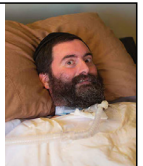
trust that is the source of the sustenance we are blessed with. It is also the catalyst

for blessing in general. When we put our trust in Hashem, it opens the spigot of blessing in our lives.

I remember when we received my diagnosis of ALS, it felt like our whole world was falling apart. Dina shared with me advice she received from a friend. At times like this, let go and allow Hashem to take over. It was the best advice. Hashem sent his blessings in the form of good, kind, and loving people who we are so grateful for. This advice has carried us through all our difficulties.

Hashem is there for you. When there doesn't appear to be any answers, when all hope seems lost, put your trust in Hashem. When there seems to be nobody, Hashem is there for you.

Despite facing one of life's most difficult challenges, Rabbi Yitzi Hurwitz continues to spread joy and faith to thousands around the globe. Diagnosed in 2012 with ALS, Rabbi Yitzi is now 95% paralyzed and no longer able to speak or breath on his own. Thanks to the miracle of technology, Rabbi Yitzi continues to spread his wisdom through his eyes, focusing on each and every letter of these Torah articles. Rabbi Yitzi, his wife Dina and their seven children are the Rebbe's Shluchim to Temecula, California.



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